

TOURISM INFORMATION

First remember that January is low season and lot's of places are closed. So you better check before going.

1. SHOPS

- (1) *Farmer's markets*: Marché de la Libération is the biggest and most impressive farmer's market, Marché du Cours Saleya is overpriced and with not many little organic food, but the setting is quite beautiful.
- (2) If you wish to buy coffee for the French press or tea, we recommend *Cafés Indien*: two spots in the old city. They also have very good espressos.
- (3) The bakery *boulangerie Carabacel* has amazing pastries and very good bread. For other fancy bread, you can go to *Mama Baker*, rue de Lépanthe.
- (4) For a good "pan bagnat" (a traditional round sandwich with tuna, anchovies, eggs, celery, green onion etc.) go to *boulangerie Carabacel* or *Chez Tintin* (closer to Libération).
- (5) For cheese, *Le fromager* rue Sainte Réparate in the old city, or *la ferme fromagère* rue de Lépanthe are excellent. Around Libération *Délices et crèmerie* is also very good.
- (6) *La part des anges* rue Gubernatis is a top wine shop with good advice. In a similar spirit, there is *les beaux joueurs* Av Malaussena.
- (7) For chocolate, our favorite is *Xocoatl* rue Alberti. *Maison Regel* Bd Joseph Garnier is also amazing.

2. RESTAURANTS

On the cheap

- (1) Pizza: *Acqua e Farina* rue de la préfecture/rue droite (old city), *Io e Te Pizzeria Napoletana* rue Valperga make great Napolitan pizza. *That's Amore* Av. Pessicart is probably the best in town. While the brand new *Cibo Trattoria* near campus looks good (if you try, we want some feedback!).
- (2) The best burger in Nice is *BangBang* (near campus). *Big Fernand* rue Giofreddo, is also pretty good.
- (3) A decent Greek place *Kalos* rue Bonaparte. You can also try the nearby restaurants in this lively area.

More sophisticated options

- (1) An excellent japanese (no sushi!) *Maïdo* rue Gioffreddo (but you may need a reservation/ and it is not cheap)
- (2) An excellent ramen place *Ikko ramen*, rue du moulin, in the old city, but expect a line.
- (3) for vegan food, consider *Paper plane* 06 rue gubernatis for lunches, and *Saj* rue droite, in the old city, very good vegan middle eastern food.
- (4) Further, but the best socca in town: *Chez Pippo* rue Bavastro. We also recommend that you buy at *Theresa* in the Saleya Market (on market days for lunch).
- (5) Hipster and good brunch food with bowls, pastry, wraps etc. at *la popotte d'ondine* rue Blacas.
- (6) We also recommend two thais (*Saswadee*, *Banthai*) and one indian (*Mother India* 5 Rue Jules Gilly). These last three are nice options in the old city, although nothing comparable to the real deal, or what you can have in a large American city. All of these have more vegetarian options than usual restaurants.

- (7) On the beach *les galets* is a pizzeria/italian. Decent, but you will pay eating on the beach, which is very enjoyable.

For the next ones more fancy (that you can find online, are not very cheap and not always vegetarian friendly), you might need a reservation: *Le Canon/Le bar des oiseaux/Le comptoir du marché/La merenda/Olive et artichaut/Le bistro d'Antoine/Les deux canailles/Le bocal/La merenda/Le bistro Fromager* (cheese based food).

Here are the cocktail bars which we like

- (1) Bar *Le relais* (on the right when you enter) in the Negresco, very expensive but extremely good cocktails and a beautiful place. Not sure if it is still open for outside guests.
- (2) Bar de *La réserve* after the harbour: in a cave by the sea, an amazing setting, decent cocktails. Worth going.
- (3) The rooftop of the Hotel Plaza,
- (4) The rooftop of the *Aston la scala* hotel, just nearby.

3. HIKES AND CITIES

3.1. Hikes. There is a selection of walks online: google "randoxygène". The Visorando/Komoot apps also provide possible walks. You can also find online about "baignades en rivières Alpes Maritimes" that will explain you about bathing spots in the mountain. Most of them requires a car (but you can rent an electric car using the Renault mobility app, called *Mobilize share*, it is not expensive and hassle free: you pick the car in the street), but some can be accessed by bus, train, or even walking from Nice. Here are some:

- (1) Eze village: take the train from Nice to "Eze plage" and hike the famous "chemin de Nietzsche until Eze village. The hike is gorgeous (roughly 1 hour long) and the town beautiful (we recommend going to the exotic garden for scenic views). If you want to hike more, you can continue to "Col d'Eze", or even "Fort de la revère".
- (2) Chemin des douaniers: from Nice's harbor, take the trail going to Villefranche sur Mer: it's a beautiful hike along the sea that'll take you around 1 hour. If you want to hike more you can continue to Beaulieu sur Mer around Saint Jean-Cap Ferrat and take the train back to Nice.

Don't hesitate to contact us for more options!

3.2. Cities. Many cities/towns are worth the trip and easy to reach from Nice:

- (1) Antibes is 30 minutes by train. Picasso's museum is really nice.
- (2) Menton is the last french city before Italian's boarder. It'll take you around 45 minutes by train and is one of the most beautiful city along the coast.
- (3) Saint-Paul de Vence and Eze are two beautiful small towns you can reach by bus.
- (1) One of the nicest walk is to start in Villefranche (by train or bus 15 nearby), go around Saint-Jean-Cap Ferrat peninsula, and go back to la baie des fourmis and take the bus (15) or the train back to Nice.
- (2) Also very nice, is to take the train to Roquebrune-Cap Martin, enjoy the beach there, then go around Cap Martin to Menton.
- (3) Another suggestion is to go to Eze plage by train, then take the "Nietzsche path" up to Eze village (prepare a lot of water) then go back by a bus.
- (4) Finally the walk around cap d'Antibes is nice as well.
- (5) Monaco is pretty ugly, but the aquarium might be worth wasting your time.